

## **Contra Costa County Operations**

Patient Focused - Customer Centered - Caregiver Inspired

SOP# 221 Approved By:

Managing Assaultive Behavior

Effective: June 20, 2018

Michael Johnson Regional Director

## A. Purpose

The purpose of this email is to provide field expectations for the use of restraints in managing combative patients. Physical or chemical restraints should only be utilized when a patient is potentially a danger to self and/or others. Restraint is not to be used on individuals refusing treatment unless they are legally or mentally incapable of providing consent (and are thus treated by implied consent) or under a police or mental health (depending upon the jurisdiction) hold.

## **B.** Policy

- 1. Field employees shall follow the guidelines set forth in Contra Costa County EMS Policy #1008 when managing patients with assaultive behavior.
- 2. Field employees should refer to Contra Costa County EMS Treatment Guideline #A03 when considering chemical restraint for a patient.

American Medical Response Contra Costa County Operations Standard Operating Procedure #221