



**Contra Costa County Operations**

*Patient Focused - Customer Centered - Caregiver Inspired*

<b>SOP# 221</b> <b>Managing Assaultive Behavior</b> <b>Effective: June 20, 2018</b>	<b>Approved By:</b>  <b>Michael Johnson</b> <b>Regional Director</b>
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**A. Purpose**

1. The purpose of this email is to provide field expectations for the use of restraints in managing combative patients. Physical or chemical restraints should only be utilized when a patient is potentially a danger to self and/or others. Restraint is not to be used on individuals refusing treatment unless they are legally or mentally incapable of providing consent (and are thus treated by implied consent) or under a police or mental health (depending upon the jurisdiction) hold.

**B. Policy**

1. Field employees shall follow the guidelines set forth in Contra Costa County EMS Policy #1008 when managing patients with assaultive behavior.
2. Field employees should refer to Contra Costa County EMS Treatment Guideline #A03 when considering chemical restraint for a patient.

American Medical Response Contra  
Costa County Operations Standard  
Operating Procedure #221